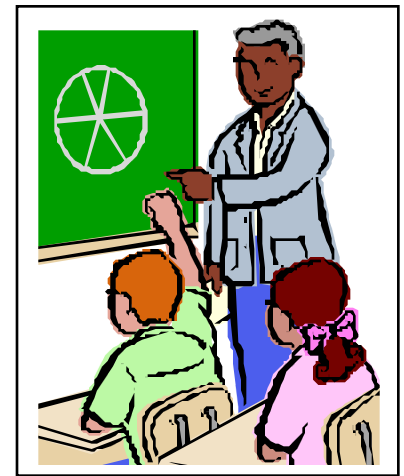


EHAO Spring Seminar

Environmental Health Association of Ontario

Contact 613.860.2342

office@ehaontario.ca www.ehaontario.ca



Dr. Kirkham will speak on looking at health and wellness in new ways.

Exploring the ways that our bodies react to different stresses, whether physical, emotional or chemical, and how we work to compensate for and heal from these stresses.

When: **May 26, 2010**

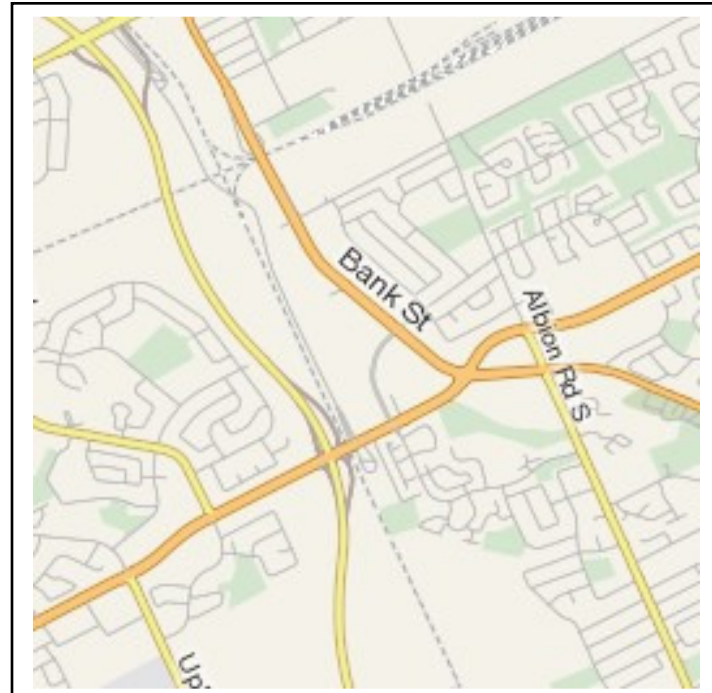
Time: **7:00-9:00pm**

Where: Bridlewood Retirement Residence

3998 Bridle Path Dr. South of Hunt Club Rd.
Bus #40 from South Keys station

Donations welcomed

Volunteers are needed



<http://tinyurl.com/29yphzx>

NO SCENTS MAKE SENSE!

To protect the health of our members, PLEASE DO NOT WEAR SCENTS OF ANY KIND TO EHAO EVENTS: perfume, essential oils, any fragranced or chemically unsafe products including fabric softeners, laundry soaps, deodorant, smoke.

DR. PATRICK KIRKHAM



Dr. Patrick Kirkham has a Bachelors of Science from the University of Waterloo (1992) and received his Doctor of Chiropractic from the Canadian Memorial Chiropractic College in Toronto in 1996.

Dr. Kirkham is a wellness chiropractor, looking at people, as a whole person. Spinal and nervous system evaluations, orthopedic assessments and advice on nutrition and lifestyle are key to his practice. He utilizes different techniques, including traditional chiropractic adjustments and instrument adjusting, as well as post-graduate training in cranial adjusting and Webster's technique. Family and community care are a strong focus of Dr. Kirkham's, with particular areas of interest in stress reduction, posture correction, prenatal and paediatric care, athletic performance and workplace performance.

Dr. Kirkham is a member of the College of Chiropractors of Ontario, the Ontario Chiropractic Association, the Canadian Chiropractic Association, and the International Chiropractic Pediatric Association.